

## MEDITATION AND PRAYER

### MANTRA MEDITATION IN THE CHRISTIAN TRADITION

*Centred in Love*

With Patricia Harasym

Jan 9, Feb 6, March 6, April 3, May 1, June 5

7:00pm – 8:00pm

\$18

### WALK THE LABYRINTH ON WORLD LABYRINTH DAY

With Sonya

May 3

2:00pm - 4:00pm

\$15

### WALK THE LABYRINTH

With Sonya

June 1 and August 10

2:00pm - 4:00pm

\$15 each session

### CANDLELIGHT VIGIL

With Sr. Ann Marie Walsh, fcJ, Patricia Harasym, and Pristine Laroza

June 2

7:00pm - 8:30pm

Freewill Offering

## OTHER EVENTS

### WHAT IS SPIRITUAL DIRECTION?

With Sonya

April 29

7:00pm - 9:00pm

Freewill Offering

### NATURE WALK

With Sr. Terry Smith

May 1

7:00pm - 8:30pm

Freewill Offering

### THE HEART OF JESUS: GOD'S GIFT TO US

With Sr. Joanna Walsh, FCJ, and Sr. Terry Smith, FCJ

June 26

7:00pm - 8:30pm

Online: 

Freewill Offering

## SPECIAL PROGRAMS

### Annual Tea Party

*an FCJ Centre Fundraising Event*

September 14, 2:00pm – 4:30pm

**TO REQUEST FOR PRIVATE RETREAT,  
PLEASE CONTACT THE FCJ CENTRE**



**FCJ**   
**RETREAT & CONFERENCE CENTRE**

*A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980*

# PROGRAM GUIDE

JANUARY - AUGUST 2025

FCJCENTRE.CA  
219 19 AVE. SW CALGARY AB  
403.228.4215

## SPIRITUAL GROWTH EXPERIENCE

### RENEWED YEAR, RENEWED YOU!

*Embracing All of Creation*

With Pristine Laroza, January 9-30 (every Thursday)

### JOURNEYING WITH JESUS THROUGH LENT

With Fr. Julian Studden, February 28

### LIVING THE PASCHAL MYSTERY

With Fr. Jullian Studden, March 1

### GROWING THROUGH ADVERSITY

*Strength in the Struggle*


With Pristine Laroza, March 25

### ALPHA ONLINE

With Pristine Laroza

May 1 to July 10 (Every Thursday)

5:30pm - 7:00pm

Online 

Freewill Offering

### ALPHA WEEKEND (IN PERSON)

With Pristine Laroza

June 14 - 15

10:00am - 1:00pm

Freewill Offering

### ATTITUDE OF GRATITUDE

With Pristine Laroza

*The Practice of Being Grateful*

July 31

5:30pm – 7:00pm

\$18

## FAITH AND FAMILY

### VACATION BIBLE SCHOOL

With Pristine Laroza

August 19 to 22

9:00am – 12:00pm

Ages 7-11

\$60 per child

\$40 per child (*for 3 or more children from 1 family*)

## YOUNG-ADULTS EVENTS

### FEARFULLY AND WONDERFULLY MADE

*Finding your Identity in Christ*

With Pristine Laroza

June 17

5:30pm - 7:00pm

\$18

### STARTING ON THE RIGHT NOTE

*An Evening of Music and Fellowship*

With Pristine Laroza

August 14

5:30pm - 7:00pm

Freewill Offering

## IGNATIUS SPIRITUALITY


### SUPPORT FOR THE DAILY EXAMEN

*Daily Moment with God*

With Sr. Ann Marie Walsh, fcJ

January 7 - June 10 (Every Tuesday)

7:00pm – 7:45pm

Online 

\$12

### FULL SPIRITUAL EXERCISE OF ST. IGNATIUS

33 Day Live-in Retreat experience.

Contact FCJ Centre to apply and schedule.

*Summer Weekend Silent Direct Retreat*

*8-Day Summer Silent Directed Retreat*

To register, please contact FCJ Centre

## RETREAT EXPERIENCE

### EPIPHANY RETREAT IN DAILY LIFE

*Epiphany Ignatian Retreat in Everyday Life*

With Sr. Ann Marie Walsh, fcJ, Patricia Harasym, and Lisa Gilead

### GIFT OF HOPE RETREAT FOR UNEMPLOYED PERSONS

*A Time of Transition*

With Sr. Ger Curran, FCJ and Ms. Mirna Farahat

TBA

### WALKING IN HOPE

*Lenten Zoom Retreat*

with Sr. Ann Marie Walsh, FCJ, Lisa Gilead, Patricia Harasym

### SAVOUR THE WORD

*Experience God through Scripture*

With Priya Denton

May 10, May 31, Jun 7, and Jun 14

9:30am - 12:00nn

May 10 is a Free session

\$20 per session after May 10

### MIRACLE IN GOD'S HANDS

*A Pilgrimage of Hope*

With Fr. Teodulo (Ted) Gonzales, SJ PhD

July 11 - 13, 2025

Live-In Rate: \$295

(Includes Supper on Friday, Brunch on Sunday, and 2 nights room accommodations)

Commuter's Rate: \$195

(Includes meals, no room accommodation)

## PROGRAMS AND EVENTS

